



# First Class First Aid

## Training now in Christchurch

To get 20% off your training in 2023 use this code at checkout: [HUB20](#)

We're a local Canterbury business, started because we knew that first aid training could be better. Throughout our time in our industry, we've developed a unique approach to training by utilising distinct materials and tools to deliver engaging, entertaining, and informative courses in a comfortable environment for all learners.

## Full Classroom Experience

- 4 HR Essential First Aid \$69 incl. GST
- 6 HR Refresher First Aid \$115 incl. GST
- 8 HR Custom First Aid \$150 incl. GST
- Vaccinators Resuscitation Course \$140 incl. GST

## Online Blended Learning with Classroom Practical

- Blended Refresher First Aid \$115 incl. GST
- Blended Custom First Aid \$150 incl. GST

For dates & bookings visit our website: [www.fcfa.co.nz](http://www.fcfa.co.nz)

Call for more information: 03 972 5803, or email:

[admin@fcfa.co.nz](mailto:admin@fcfa.co.nz)

Please turn over for course descriptions

## **Full Classroom Experience**

A classic approach to first aid training, our classroom courses are led by fully qualified and certified first aid trainers with customised content and learning scenarios to suit all learners.

Hot drinks, biscuits, and fruit are provided for all training sessions.

- **4 HR Essential First Aid** - Learn essential first aid skills, how to assess a patient and decide what level of help they need. This course provides the basic "save a life" skills.
- **6 HR Refresher First Aid** – It is recommended that you refresh your first aid certificate every two years, you may refresh a certificate from another company with us. You'll revisit essential life-saving skills and learn updated first aid best practices.
- **8 HR Custom First Aid** - Our 8-hour custom first aid course covers the first aid learning requirements for most workplaces. Perfect for first-time learners or those with expired certificates. N.B. This course covers the content of the 6402 and 6401 unit standards, however we do not register unit standards.
- **Vaccinators Resuscitation Course** - This 3 hour course is specifically designed for health professionals who are authorised to administer vaccinations. This vaccinator's course is suitable as a renewal course for existing vaccinators and also for new vaccinators. The course meets the requirements for authorised vaccinators as specified in the Ministry of Health's 2021 Immunisation Handbook.

## **Online Blended Learning with Classroom Practical**

Perfect for those wanting to reduce their time spent in the classroom, our blended learning courses combine online and in-person learning to minimise time away from work and other commitments.

- **Blended Refresher First Aid** – This course consists of online reading material, digital questionnaire and a 2-hour classroom session. It is recommended that you refresh your first aid certificate every two years, you may refresh a certificate from another company with us. You'll revisit essential life-saving skills and learn updated first aid best practices.
- **Blended Custom First Aid** - This course consists of online reading material, digital questionnaire and a 4-hour classroom session. Our blended custom first aid course covers the first aid learning requirements for most workplaces. Perfect for first-time learners or those with expired certificates.